



Build a Kit

Identify your unique needs to build a Disaster Supply Kit for any emergency. A basic kit should include:

- Water (1 gallon per person per day, for three days)
- Non-Perishable Food (3 day supply)
- Manual can opener
- Flashlight and batteries
- Battery operated or hand crank radio
- NOAA weather radio
- First aid kit
- At least two weeks supply of medication, medical supplies used regularly and a list of allergies
- Information about where you receive medication, the name of the drug and dosage
- Medical records and primary care physician contact information
- List of the style, serial number and manufacturer information of needed medical devices
- Service animal I.D., veterinary records and proof of ownership
- Supplies for your service animal

Be Informed

The best way to be prepared is to be informed. To better assist you in creating a strong emergency plan, reach out to resources in your community and learn of all options available to you.

- ◆ Identify your community's response and evacuation plans
- ◆ Learn emergency plans for places you frequently visit (e.g. work, school, place of worship)
- ◆ Ask your local health department or emergency management agency about special needs programs
- ◆ Ask your city or county emergency management agency how they will warn you of an emergency and how they will provide information before, during and after a disaster
- ◆ Know which television and radio stations in your area broadcast emergency information

The screenshot shows the Florida Special Needs Registry website. At the top, there are logos for SERT (State Emergency Response Team) and the Florida Division of Emergency Management. The main heading is "Florida Special Needs Registry". Below this, there is a dropdown menu to "Select County". A "Log In" section contains fields for "User Name:" and "Password:" with a "Sign In" button. Below the login fields are links for "Forgot your username?" and "Forgot your password?". A "Don't have an account?" section has a "Sign Up" button. A "Helpful Links" section lists:

- www.FLGetAPlan.com
- www.FloridaDisaster.org
- Florida Special Needs Registry FAQ

 At the bottom right, there is a "Click Here To Register" button.

Take Steps to Prepare Yourself

Emergency Preparedness for People with Access and Functional Needs



It is critical that all residents have a plan in case of disasters. It is even more important for people with access and functional needs to take the proper steps to prepare themselves in the event of a disaster or other emergency.

Build your family emergency plan today at:

www.FLGetAPlan.com

**Florida Division of
Emergency Management**

2555 Shumard Oak Boulevard
Tallahassee, FL 32399
(850) 413-9969

Have a Checklist

An emergency or disaster may present unique challenges for people with access and functional needs. Assess your capabilities, as well as your needs, and create a plan that will ensure your safety in case of a disaster or emergency.

Use this Checklist to get started:

- Build a Disaster Supply Kit
- Identify a Support Network
- Complete an Emergency Health Card (EHC)
- Communicate needs and capabilities with my support network
- Arrange an out-of-town contact
- Stay informed on local disaster procedures
- Develop a plan for service animals and / or family pets
- Know which television and radio stations in your area broadcast the Emergency Alert System



Identify a Support Network

Only you can best identify your capabilities and needs. Select trusted individuals, in-town and out-of-town, who can form your support network to assist you in case of a disaster.



- ◆ Identify a couple of people you regularly see to form your support network.
- ◆ Share your personal emergency plan with all members of your support network and create a communication plan that includes a designated meeting place.
- ◆ Explain what you are capable of doing on your own and where they can assist.
- ◆ Make sure someone in your local network has an extra key to your home and knows where to find your emergency supplies.
- ◆ Make sure someone in your out-of-town network is able to accommodate your pet in the event of an evacuation.
- ◆ Ensure all members of your support network know how to reach your out-of-town contact during a disaster. Designate a third party to communicate with your local support network. It is often easier to make a long distance call than a local call from a disaster area.

Emergency Health Card

The Emergency Health Card (EHC) can be removed and should be carried during an emergency. Your EHC will provide valuable information to those who may assist you.

Complete your EHC below and keep on your person at all times.

Date Card was Updated: _____

Your Contact Information

Address: _____

Phone: _____

Date of Birth: _____

Blood Type: _____

Medical Insurance Company

Individual Number / Group Number

_____ / _____

Doctor's Contact Information

Name: _____

Phone: _____

Emergency Contact Information

Name: _____

Phone: _____

Medical Conditions: _____

Allergies: _____